



Thank you to all who attended the Spring Fest and made it a success. With the wonderful cooler weather, I think everyone had a great time. It is fun getting together in a beautiful place. Let's do the same at Midsummer.

The Zion trip seems to be a success. I hear that there are a few places left. Get your spot while they are still available. It should be a beautiful trip. After all, it is an American National Park.

Our meeting this month will be a "social only." From last year, it was a fun event. We have invited the District. We have many of them in the lodge. Let's see who else surprises us with a visit to our new location. We will also have our favorite folk dancers (the Kindig family). They will have all of us on the floor no matter whatever footed we are or who's toes we step on. We are pleased

to have for the first time the new Pastor and his wife from the Swedish Church of Los Angeles. They are a great couple.

Hope all of you have a great month. To all mothers, grandmothers and great-grandmothers, I wish a Happy Mother's day.

In Truth and Unity,
Inga Francis, Chairman

Golden Valley Lodge #616 • Vasa Order of America •

### **Mother's Day Quotes**

Of all the rights of women, the greatest is to be a mother.

— LIN YUTANG

All that I am or ever hope to be, I owe to my angel mother.

- ABRAHAM LINCOLN

Men are what their mothers made them.

— RALPH WALDO EMERSON



Motherhood: All love begins and ends there.

- ROBERT BROWNING

My mother had a great deal of trouble with me, but I think she enjoyed it.

— MARK TWAIN

# Thank You to Our April Dinner Hosts!

Dorothy Burns, Anne Cegon, Delphine Trowbridge, and Linda Trowbridge.

#### **Upcoming Events**

June 24th is Midsummer at Vasa Park June 24-29 Viking Village October 24, 2018 Höstmarknad and Meatball Contest

242929

### **Happy May Birthday!**

| Rebecca Thorsen  | 4  | Roy Olson           |
|------------------|----|---------------------|
| Anders Heinstedt | 10 | Amanda Polutanovich |
| Kerstin Thorsen  | 11 | Ruth Kedrowski      |
| Carter Lien      | 13 | Berit Stenhoj       |
| Lena Osman       | 17 |                     |
| Stefan Lundberg  | 17 |                     |
| Kayla Santana    | 21 |                     |
| •                |    |                     |



## Ha en trevlig födelsedag!

### **Nordic Picnic at Vasa Park 2018**











### **Culture Corner: Wearing the Trees!**

By Stora Enso



#### This Nordic company wants you to wear trousers made from trees

Article: https://www.thelocal.se/20180418/this-nor-dic-company-wants-you-to-wear-trousers-made-from-trees-stora-enso-tlccu

You might be surprised by how renewable materials are helping the fashion industry turn over a new leaf.

Sustainability is a way of life in the Nordics, where everything from hand soap to hotel rooms is labeled eco-friendly. And one Nordic company is going even further in its efforts to shape a better tomorrow.

Once a traditional paper and board company, 800-year-old Stora Enso is now a leading provider of renewable materials. In layman's terms, that means materials made from sustainable resources instead of materials based on fossil fuels.

"Trees are a renewable raw material. Whenever we harvest trees we plant new ones, promoting a sustainable material that grows year after year," says Sirpa Välimaa, who manages product development at Stora Enso.

Known as dissolving pulp, this new raw material is used to create what's known as regenerated cellulosic fibers. And despite the admittedly unstylish name, those fibers can actually be spun into yarn

and then weaved or knitted into fabrics used to create an array of stylish products.

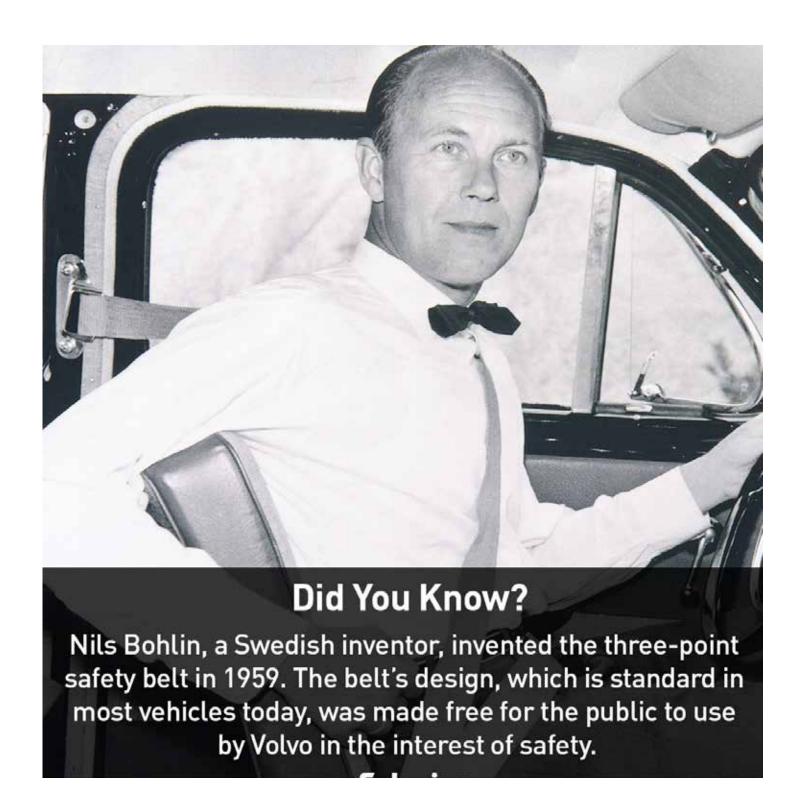
Indeed, one such fabric -- viscose -- is a silky material similar to cotton that already accounts for around 7 percent of all the world's textiles.

Much like cotton, viscose is soft, breathable, and comfortable to wear, meaning that fashion brands around the world are increasingly using it in their collections Scandinavian clothing brand Filippa K is one such company Stora Enso has partnered with to tackle "fast fashion".

The two companies set out to shift the Scandinavian clothing brand's business away from the fast fashion cycle typically associated with pushing new designs to market as quickly and cheaply as possible.

Unlike cotton, which requires huge amounts of water and pesticides to be farmed -- a single pair of jeans alone requires 3625 liters of water – the :3 from which the dissolving pulp is made require much less water to grow.

For example, the 11,700 liters of water required to make just 1 kg of cotton fabric would produce over 26 kg of wood-based viscose.



**Swedish Inventor:** 

Nils Bohlin (1920-2002) was a Swedish engineer and inventor

Born in Härnösand, Sweden, he received a diploma in mechanical engineering from Härnösand Läroverk in 1939. In 1942 he started working for the aircraft maker Saab as an aircraft designer and helped develop ejection seats. In 1958, he joined Volvo as a safety engineer. He is credited with the invention of the modern 3-point safety belt, now a standard safety feature in all cars.

The three-point seat belt changed the world by preventing injuries during a car crash. The National Highway Traffic Safety Administration says that the seatbelt saves about 11,000 lives each year in the USA alone.